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Maura J. Rossman, M.D., LHIC Co-Chair
 Health Officer, Howard County Health Department

Steven C. Snelgrove, LHIC Co-Chair
 President, Johns Hopkins Medicine Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting
 December 19, 2016 2:45-4:15 p.m.
 HCHD Barton A Conference Room

Minutes

Members Present:

Marsha Ansel, HC Mental Health Authority
 Courtney Barkley, HC Office on Aging and Ind.
 Karen Basinger, University of Maryland Extension
 Renee Bitner, HC Health Department
 Patricia Dugan, Columbia Association
 Manuel Evangelista, AAA Physical Therapy
 Bruce Fulton, Neighbor Ride
 Peggy Hoffman, HC Office on Aging and Ind.

Mary McGraw, The Village in Howard
 Elizabeth Menachery, HC Health Dept.
 Tracy Novak, HC General Hospital
 Max Pettis, ALFA Specialty Pharmacy
 Maura Rossman, HC Health Department
 Elizabeth Sebastiao, Meals on Wheels
 Sharonlee Vogel, HC Commission on Aging
 Charles Smith, Dept. of Community Resources and Services

Guests Present:

Staff Present:

Rhonda Jenkins, LHIC Program Coordinator
 Kelly Kesler, LHIC Program Director

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	<p>Courtney Barkley called the meeting to order at 2:48 p.m.</p> <p>The group was informed that the meeting would be recorded for use in producing minutes.</p>	
Guest Presentation	<p>Elizabeth Sebastiao, Regional Manager, Meals on Wheels of Central Maryland gave an overview of the services that are provided by the organization. Meals on Wheels offers including the following:</p> <ul style="list-style-type: none"> Home delivered meals program: 	<p>Elizabeth Sebastiao can be reached at 410-730-9476 or via email at Sebastiao@mowcm.org. For more information, please visit www.mealsonwheelsmd.org</p>

	<p>Korean meals are forthcoming.</p> <ul style="list-style-type: none"> • Healing Meals Helping Hands: Once a week frozen meal deliveries for individuals with cancer or chronic health conditions • Grocery Shopping Program: Volunteers that would pick up groceries and pay for them using a MOW credit card • Phone Pal and Companion Programs: Aimed at reducing client isolation • Kibble Connection: Free pet food deliveries (cat and dog food) 	
<p>Approval of Minutes and Announcements</p>	<p>A motion to accept the November 28, 2016 minutes as written was made by Sharonlee Vogel and seconded by Peggy Hoffman.</p>	
<p>Delegate’s Report/ Updates from Action Groups</p>	<p>Courtney Barkley, Renee Bitner and Kelly Kesler presented a summary of key recommendations from the Healthy Aging White Paper. The presentation focused on the five domains/areas (Transportation, Finances, Home Safety, Medical Care and End of Life Planning and Maintaining Physical and Cognitive Health) in which older adults could benefit from planning.</p> <p>Kelly Kesler discussed how the State Health Improvement Process Measures (SHIP) drives the goals of all local LHICs. The goals of the local LHICs are informed by reviewing the reported data for that county and other data such as the Howard County Health Assessment Survey (HCHAS) measures.</p> <p>The work group was charged with investing its energies by developing Specific, Measurable, Appropriate, Realistic, Timely (SMART) Goals to address gaps and disparity evidence-based strategies and best practices.</p>	<p>The group suggested changing the wording from cognitive health to behavioral health in the five domains identified.</p> <p>Kelly Kesler will follow-up with the Horizon Foundation to obtain additional information about the Speak Easy in Howard County program.</p> <p>Charles Smith will send information regarding evidenced-based practices on planning for the future to Rhonda Jenkins.</p> <p>Rhonda Jenkins will send the finalized Healthy Aging White Paper to the group.</p> <p>The LHIC team will prepare a draft planning checklist for discussion with the group.</p>

	The group was asked to identify what the healthy aging group could do that uniquely promotes change and/or contributes to current community-wide initiatives and efforts to address identified need.	Rhonda Jenkins will share the resource referral tool for feedback from the group. A presentation on the HCHAS Data and SHIP measures relevant to the Healthy Aging work group will be arranged.
New Business:		
Wrap Up and Adjournment	The meeting was adjourned at 4:25 p.m.	

Work Group

February 27, 2017 2:45-4:15 pm Barton A
 March 20, 2017 2:45-4:15 pm Barton A

FULL LHIC

April 27, 2017 8:30-10:30 am
 June 22, 2017 8:30-10:30 am
 September 21, 2017 8:30-10:30 am

Respectfully submitted by
 Rhonda Jenkins
 LHIC Program Coordinator, Howard County Local Health Improvement Coalition